

■ A BETTER BENEFITS EXPERIENCE: HealthJoy Employee Assistance Program (EAP)

To access the EAP benefit, you must register with HealthJoy.

Spouse/partners and dependents over 18 years old will need to create their own account.

All benefit eligible employees and their dependents, regardless of medical enrolled status, have access to the HealthJoy EAP.

The EAP gives you confidential access to Licensed Professional Counselors and Work/Life Specialists to help you with personal, family and work/life issues. You have access to:

- Up to **eight (8) free** in-person or virtual counseling sessions per calendar year, per topic
- In-the-moment support: reach a licensed clinician 24/7/365 by phone, app, text, or email
- Legal consultations and financial expertise: Free, no-pressure guidance and advice from legal and financial professionals

To access the EAP:

- Use the **HealthJoy mobile app** (for best service)
- Call **888.731.3EAP** (3327)
- Visit **<https://eap.healthjoy.com>**

**Scan the QR code
and activate
HealthJoy today!**



You can also visit

www.csbbeneportal.com/healthjoy
from your computer or mobile device
for more information!

Additional Resources and Friendly Reminders

- Visit the **HealthJoy section of BenePortal** at **www.csbbeneportal.com/healthjoy** and check back frequently as we continue to add more information.
- Download the **HealthJoy App**, if you have not already. Visit BenePortal for **Activation Instructions**.
- Once you're set up, add your covered dependents. **Instructions to add dependents** can also be found on BenePortal.
- **Tell your covered family members to activate their HealthJoy account.**
- Keep a lookout for CSB's **ongoing mental health newsletters**, sent to your email inbox each month!



**Scan the QR code to view a
brief HealthJoy EAP
Orientation Video.**

