

# TELEMEDICINE

## Teladoc

Learn more about Teladoc by visiting [BenePortal](#).



Benefit eligible employees/dependents enrolled in a CSB medical plan have access to Teladoc telemedicine services. Services are available for general medical, behavioral health, and dermatological needs.

### Telemedicine: General Medical

With Teladoc General Medical, you get 24/7 access to low-cost, high-quality virtual health care for common health concerns like cough, sore throat, fever, rashes, allergies, asthma, pink eye, nausea, and more. Using Teladoc General Medical is quick and convenient.

### Telebehavioral Health

Telebehavioral Health allows plan members to access a counselor or psychiatrist by phone, secure video, or app from the comfort of their own home.

While in-person behavioral health appointments can take weeks to set up, virtual behavioral health appointments with our partner can be made 3 to 5 days in advance with occasional availability the next day.

### Teledermatology

If you have concerns about your skin, Teladoc Health (Teladoc) Dermatology can connect you to doctors who can diagnose your condition, recommend a treatment plan, and provide follow-up. Teladoc Dermatology gives you access to board-certified dermatologists anywhere you are.

Whether you have a question about a recent skin change or need help managing a chronic skin condition like acne, rosacea, or psoriasis, Teladoc Dermatology can help. Using Teladoc Dermatology is quick and convenient.

#### You get access to:

- A network of board-certified dermatologists
- An online message center where you can connect with your dermatologist
- A personalized treatment plan with follow-up care

### Telemedicine Member Costs

Below are the member costs per Teladoc consult that will apply (costs vary based on medical plan enrollment):

#### HSA/HDHP Plan Costs

- **General Telemedicine:** Plan pays 100%; member pays \$0.
- **Telebehavioral Health:** Plan pays 100%; member pays \$0.
- **Teledermatology:** Member pays 100%\* up until plan deductible is met, then member pays \$85 per consult

\* Cost per consult prior to meeting deductible will be based on Fair Market Value, and cost is subject to change.

#### Core and Buy-Up Plan Costs

- **General Telemedicine:** Plan pays 100%; member pays \$0.
- **Telebehavioral Health:** Plan pays 100%; member pays \$0.
- **Teledermatology:** Member pays \$85 per consult

### Getting Started

You can schedule an appointment with Teladoc for general medical, dermatological needs by:

- Calling: **1-800-835-2362**
- Visiting: **teladochealth.com**
- Downloading the Teladoc mobile app

