

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Available through HealthJoy

To access the EAP benefit, you must register with HealthJoy. Spouses and dependents over 18 years old must create their own account.



All benefit eligible employees and their dependents, regardless of medical enrolled status, have access to the HealthJoy EAP.

About the EAP

The EAP gives you **confidential** access to Licensed Professional Counselors and Work/Life Specialists to help you with personal, family and work/life issues. You have access to:

- Up to **eight (8) free** in-person or virtual counseling sessions per calendar year, per topic
- In-the-moment support: reach a licensed clinician 24/7/365 by phone, app, text, or email
- Legal consultations and financial expertise: Free, no-pressure guidance and advice from legal and financial professionals

To access the EAP

- Use the **HealthJoy mobile app** (for best service)
- Call **888.731.3EAP** (3327)
- Visit **eap.healthjoy.com**

Scan the QR code and activate HealthJoy today!

You can also learn more at csbbenportal.com/healthjoy.

