



Teladoc Telemedicine

via Independence Administrators



Benefit eligible employees/dependents enrolled in a CSB medical plan have access to Teladoc telemedicine services. **Services are available for general medical, behavioral health, and dermatological needs.** Teladoc is a leader in whole-person virtual care.

Telemedicine: General Medical

With Teladoc General Medical, you get 24/7 access to low-cost, high-quality virtual health care for common health concerns like cough, sore throat, fever, rashes, allergies, asthma, pink eye, nausea, and more. Using Teladoc General Medical is quick and convenient.

Telebehavioral Health

Telebehavioral Health allows plan members to access a counselor or psychiatrist by phone, secure video, or app from the comfort of their own home.

While in-person behavioral health appointments can take weeks to set up, virtual behavioral health appointments with our partner can be made 3 to 5 days in advance with occasional availability the next day.



Teledermatology

If you have concerns about your skin, Teladoc Health (Teladoc) Dermatology can connect you to doctors who can diagnose your condition, recommend a treatment plan, and provide follow-up. Teladoc Dermatology gives you access to board-certified dermatologists anywhere you are.

Whether you have a question about a recent skin change or need help managing a chronic skin condition like acne, rosacea, or psoriasis, Teladoc Dermatology can help. Using Teladoc Dermatology is quick and convenient.

You get access to:

- ✓ A network of board-certified dermatologists
- ✓ An online message center where you can connect with your dermatologist
- ✓ A personalized treatment plan with follow-up care

Getting Started

You can schedule an appointment with Teladoc for general medical, dermatological needs by:

- Calling **1-800-835-2362**, or
- Visiting **teladochealth.com**, or
- Downloading the Teladoc mobile app

See the following page for more information about costs for Teladoc consultations.

Teladoc Member Costs

Below are the member costs per Teladoc consult that will apply (costs vary based on medical plan enrollment):

HSA/HDHP Plan Costs

- **General Telemedicine:** Plan pays 100%; member pays \$0.
- **Telebehavioral Health:** Plan pays 100%; member pays \$0.
- **Teledermatology:** Member pays 100%* up until plan deductible is met, then member pays \$85 per consult

** Cost per consult prior to meeting deductible will be based on Fair Market Value, and cost is subject to change.*

Core and Buy-Up Plan Costs

- **General Telemedicine:** Plan pays 100%; member pays \$0.
- **Telebehavioral Health:** Plan pays 100%; member pays \$0.
- **Teledermatology:** Member pays \$85 per consult

Please note: If you are new to Teladoc, please visit **www.teladochealth.com** and complete your registration.

For additional information, please visit **www.csbbeneportal.com** and navigate to the Teladoc Health Telemedicine tab.

