

IMPORTANT PRESCRIPTION DRUG COVERAGE UPDATE

GLP-1 COVERAGE

We continuously evaluate our benefits offerings and cost of the programs we offer. Over the past 12 months, our health plan experienced significant increases to the costs of our prescription drug program directly related to utilization of GLP-1s (e.g., Wegovy, Zepbound).

While we evaluate the long-term value of offering this benefit, effective January 1, 2025, the Plan **will exclude these drugs for weight loss**. If you are taking a GLP-1 for Type 2 diabetes, you will not be impacted.

As mentioned in our open enrollment communications, we encourage participants of our health plan to help us manage the costs of our benefits. We offer a variety of options to help you reach your health, fitness, and weight loss goals. If you are taking a GLP-1 for weight loss, we hope you will consider the following options.

1. Have your physician prescribe a lower-cost drug.

To find alternatives, visit www.express-scripts.com.

- Select "Price a Medication"
- Select "Check Coverage"

2. Guardian Nurses

For more information, contact Bonnie Wideman at **856-552-4804** or Melissa Conaghan at **856-552-4540**.

3. Nutritional counseling options

If you are enrolled in one of the Independence medical plans, you have access to 3 nutrition coaching sessions per year with a Registered Dietitian. [Click here to learn more.](#)

4. Coaching, weight loss, and discount programs

The following programs are available to you:

- [Omada, through Express Scripts](#)
- [Unlimited 1:1 coaching through Health Advocate](#)
- [HUSK Wellness](#)

5. Drug Manufacturer Resources

The following resources are available via the GLP-1 drug manufacturers:

- [LillyDirect independent telehealth options for obesity care](#)
- [Novo Nordisk Wegovy Savings Offer](#)

We wish you success in your health and wellbeing journey. Please contact Human Resources with questions. Thank you for your consideration in helping us address this important cost containment initiative.