



Virtual | Functional Nutrition | No-Cost

UtopiaWellCare

Tired of the Same Old Diet Plans that Don't Work?

So are we.



Feeling physically tired and mentally drained?

We can help you banish brain fog, fatigue, aches, and pains with functional nutrition making it a thing of the past.



You're unique, and your diet plan should be too.

Don't settle for one size fits all diets. Our functional nutrition dietitians tailor personalized plans specific to your needs.



Restrictive meal plans? Forget about it.

Revamp your diet joyfully, keeping your favorite foods while embracing nutrient-rich options that fit your busy life.



Swap fad diets to a genuine lifestyle change.

It's easy to feel like nothing will work when you've hit so many dead ends. Embrace a genuine lifestyle shift with functional nutrition, bypassing fads and achieving lasting health benefits.

What is Functional Nutrition?

Functional nutrition addresses how your body naturally works and performs. It looks at everything about you – your health, what you eat, how you live and includes analyzing the root causes of your health needs to find personalized solutions so you **thrive**.

How Much Does It Cost?

That's the best part, it's **FREE** for everyone covered by your company's health benefits plan. You and your dependents each receive **6 FREE** virtual appointments per year from our Registered Dietitians. You will be responsible for any additional charges after the 6th visit.



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www.utopiawellcare.com

