

PRESCRIPTION DRUG UPDATE: GLP-1s

GLP-1 COVERAGE

We continuously review our benefits offerings and the cost of the programs we provide to ensure they remain sustainable and aligned with the needs of our health plan participants. As part of this ongoing evaluation, we have continued to monitor rising costs within our prescription drug program, including increases driven by utilization of GLP-1 medications such as Wegovy and Zepbound.

Consistent with this approach, **the Plan excludes GLP-1 medications when prescribed for weight loss.** Coverage for GLP-1 medications prescribed for Type 2 diabetes is not impacted.

As shared in our open enrollment communications, we encourage all health plan participants to help us manage the overall cost of our benefits programs. We continue to offer a variety of resources and options to support your health, fitness, and weight management goals. If you are using a GLP-1 medication for weight loss, we encourage you to consider the following alternatives and support options.

1. Have your physician prescribe a lower-cost drug.

To find alternatives, visit www.express-scripts.com.

- Select "Price a Medication"
- Select "Check Coverage"

2. Nutritional counseling options

Employees and covered dependents enrolled in the medical plan are eligible for up to six free in-network nutrition counseling visits per plan year with a participating IBX network registered dietitian. [Click here to learn more.](#)

3. Coaching, weight loss, and discount programs

The following programs are available to you:

- [Omada, through Express Scripts](#)
- [Unlimited 1:1 coaching through Health Advocate](#)
- [HUSK Wellness](#)

4. Drug Manufacturer Resources

The following resources are available via the GLP-1 drug manufacturers:

- [LillyDirect independent telehealth options for obesity care](#)
- [Novo Nordisk Wegovy Savings Offer](#)

We wish you success in your health and wellbeing journey. Please contact Human Resources with questions. Thank you for your consideration in helping us address this important cost containment initiative.